

CAMDEN life CENTER

A program of Life Center Collaborative, Inc.

FOR IMMEDIATE RELEASE

Jessica Perusse, LCSW-R, CCSW, Therapist
315-820-2638

Camden Life Center and Camden Rod & Gun Club Team Up for "Women's Day at the Range"

Camden, NY — April 6, 2026 — The Camden Life Center and the Camden Rod & Gun Club are joining forces to host "Women's Day at the Range" — a fun, hands-on day built for women who want to learn new skills and connect with others.

The event is set for Saturday, May 9th, from 8:30 AM to 4:30 PM and is open to all women ages 18 and older. Whether you're brand new to shooting and archery or just want to practice, trained instructors will be there to guide you every step of the way in a safe and welcoming space.

Attendees will also sit down together for a home-style lunch — a chance to taste and talk about where our food comes from and why those skills matter here in Camden.

In rural communities like ours, knowing how to hunt, forage, and care for the land is more than a tradition — it's a life skill. It puts food on the table, builds confidence, and keeps us connected to each other and to the land we call home.

"Women have always played a big part in caring for our land and feeding our families," said Rebecca Edwards, Culinary Director at the Camden Life Center. "This day is a chance to get back to that and feel proud of it. We're so glad to be working with the Camden Rod & Gun Club to make it happen."

This event is part of a bigger effort to help Camden families stay strong, self-reliant, connected, and empowered.

Spots are limited — you must sign up ahead of time. For questions or more information please contact Rebecca Edwards, 315-820-4003 or redwards@camdenlifecenter.com. To register:

<https://docs.google.com/forms/d/1S2qqa08RxNzwLGDN2eLEOl7eUMRd7LQ9bVVJXp-FSM/edit?ts=69cc1506>

About the Camden Life Center

The Camden Life Center brings trusted community partners together under one roof to support individuals and families. By offering programs, resources, and opportunities for connection, the Center is committed to strengthening the community and empowering residents for a brighter tomorrow.

For more information, please contact:

Camden Life Center
315-820-2638
info@camdenlifecenter.com
www.camdenlifecenter.com

Life Center Collaborative, Inc.

20 Main Street | Camden, NY 13316

315-820-2638 | info@camdenlifecenter.com | www.camdenlifecenter.com

Life Center Collaborative, Inc. is a tax-exempt nonprofit organization under Section 501(c)(3) of the Internal Revenue Code. EIN: 39-4589629